



**Registration Form (please use if paying by check only, otherwise use on-line registration)
All participants must register. One form per family.**

Name: _____

Address: _____ City: _____ State: ____ Zip: _____

Phone: _____ Email: _____

Please list all participating family members below.

| NAME | 5K Race 2K Walk | T-SHIRT SIZE S, M, L, XL, XXL | AGE | REGISTRATION FEE Adult/Child over 12: \$30 Child under 12: \$5 Child under 5: FREE |
|--|--------------------|----------------------------------|-----|---|
| ADULT #1 | | | | |
| ADULT #2 | | | | |
| CHILD | | | | |
| CHILD | | | | |
| CHILD | | | | |
| CHILD | | | | |
| Subtotal: | | | | \$ |
| Additional donation to CJF/ Tommy's Run For A Reason: | | | | \$ |
| TOTAL (all fees non-refundable; please enclose fee with registration form): | | | | \$ |

Pay by check payable to: CJ Foundation for SIDS

Send payment and registration form to:

Tommy's Run for A Reason c/o Beth Marshall
19886 Upland Terrace
Ashburn, VA 20147

All proceeds will benefit the SUDC Program, part of the CJ Foundation for SIDS. Registration fees and donations are tax deductible.

WAIVER: I know that participating in "Tommy's Run for a Reason" is a potentially dangerous activity. I should not enter or participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with the event, including, but not limited to, falls, contact with other participants, the effect of the weather, including extreme cold, and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts I certify my agreement by signature. I grant permission to all of the foregoing to use any recordings of any type from "Tommy's Run for a Reason" for any legitimate purpose.

I grant permission to any minor listed above to participate.

Adult #1 Signature or Parent's/Guardian's Signature (if under 18)

Adult #2 Signature or Parent's/Guardian's Signature (if under 18)